



The FAMILY Difference

The FAMILY acronym stands for **F**ostering **A**nxiety and **M**ood **I**mprovement in the **L**ives of **Y**outh, and encapsulates the heart of our program.

The dedicated group of psychiatric and psychological providers want to help you, your child/ren, teenager/s, and family thrive.

Our team focuses on providing the best evidenced-based care, and personalizing cutting-edge mental health and wellness plans for all members of the family. We also work collaboratively as a team of providers to best meet your needs.

Make an
appointment today
by calling
(303) 724-4975

Visit

www.coloradodepressioncenter.org

University of Colorado
Anschutz Medical Campus
**Helen and Arthur E. Johnson
Depression Center**
13199 E. Montview Blvd., Suite 330
Aurora, CO 80045



**FAMILY
PROGRAM**
fostering anxiety and mood
improvement in the lives of youth



Helen and Arthur E. Johnson
Depression Center

UNIVERSITY OF COLORADO **ANSCHUTZ MEDICAL CAMPUS**



FAMILY Services

- Initial Evaluations
- Individual Therapy
- Family Therapy
- Multi-Family Group Therapy
 - Stress and Anxiety Groups
 - Depression Groups
 - Bipolar Groups
- Boot Camps
- Family Mental Wellness Check-ups and Evaluations
- Resistance to Treatment Therapy
- Second Opinion Consultations
- Trainings and Workshops

Specialty Areas

- Anxiety and worries (including Generalized Anxiety, Separation Anxiety, Social Anxiety, Panic Disorder, Phobias and Obsessive Compulsive Disorders)
- Mood Disorders (including Depression, Disruptive Mood Dysregulation Disorder, Dysthymia, and Bipolar Disorders)
- General Transition, Phase of Life, or Family Issues
- Impulse Control Disorders (including Tourette's Syndrome, Tics, and Trichotillomania)
- Maternal Mental Health (including and not limited to Postpartum Depression, Postpartum Anxiety)
- School Refusal
- Refusal to get treatment by a family member
- Life Struggles (academics, social, family, self-exploration, career)
- Crisis Evaluation Services
- Young Child Mental Health



Meet our Team



Melissa Batt, MD, MPH

Board certified child and adolescent psychiatrist with specialty focuses in young child mental health, young adult/transitioning youth and research in mood disorders.

Scott Cypers, PhD

Specializes in the assessment and treatment of anxiety and mood disorders across all ages.



Aimee Sullivan, PhD

Specializes in the assessment and treatment of mood, anxiety and behavioral disorders in children, adolescents and families.

Maranne Wamboldt, MD

Board certified child and adolescent psychiatrist, with over 30 years of clinical, teaching and research experience.



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Whole Family Care: We can coordinate treatment for all members of the family, and we work as a collaborative team of providers.