The FAMILY Difference

The FAMILY acronym stands for Fostering Anxiety and Mood Improvement in the Lives of Youth, and encapsulates the heart of our program.

The dedicated group of psychiatric and psychological providers want to help you, your child/ren, teenager/s, and family thrive.

Our team focuses on providing the best evidenced-based care, and personalizing cutting-edge mental health and wellness plans for all members of the family. We also work collaboratively as a team of providers to best meet your needs.

Make an appointment today by calling (303) 724-4975

Visit www.coloradodepressioncenter.org

University of Colorado
Anschutz Medical Campus
Helen and Arthur E. Johnson Depression Center
13199 E. Montview Blvd., Suite 330
Aurora, CO 80045

FAMILY PROGRAM
fostering anxiety and mood improvement in the lives of youth
Specialty Areas

- Anxiety and worries (including Generalized Anxiety, Separation Anxiety, Social Anxiety, Panic Disorder, Phobias and Obsessive Compulsive Disorders)
- Mood Disorders (including Depression, Disruptive Mood Dysregulation Disorder, Dysthymia, and Bipolar Disorders)
- General Transition, Phase of Life, or Family Issues
- Impulse Control Disorders (including Tourette’s Syndrome, Tics, and Trichotillomania)
- Maternal Mental Health (including and not limited to Postpartum Depression, Postpartum Anxiety)
- School Refusal
- Refusal to get treatment by a family member
- Life Struggles (academics, social, family, self-exploration, career)
- Crisis Evaluation Services
- Young Child Mental Health

Meet our Team

Melissa Batt, MD, MPH
Board certified child and adolescent psychiatrist with specialty focuses in young child mental health, young adult/transitioning youth and research in mood disorders.

Scott Cypers, PhD
Specializes in the assessment and treatment of anxiety and mood disorders across all ages.

Aimee Sullivan, PhD
Specializes in the assessment and treatment of mood, anxiety and behavioral disorders in children, adolescents and families.

Maranne Wamboldt, MD
Board certified child and adolescent psychiatrist, with over 30 years of clinical, teaching and research experience.

Whole Family Care: We can coordinate treatment for all members of the family, and we work as a collaborative team of providers.

FAMILY Services

- Initial Evaluations
- Individual Therapy
- Family Therapy
- Multi-Family Group Therapy
  - Stress and Anxiety Groups
  - Depression Groups
  - Bipolar Groups
- Boot Camps
- Family Mental Wellness Check-ups and Evaluations
- Resistance to Treatment Therapy
- Second Opinion Consultations
- Trainings and Workshops

Make an appointment today by calling (303) 724-4975 or visit www.coloradodepressioncenter.org